

## 2007 INDOOR TRACK ALL-REGION TEAMS

	1st Team		2nd Team		3rd Team	
55 Meters	Brittini Finch	Cent	Tynita Butts	TC	Danielle Williams	Stu
300 Meters	Jordan Grant	Cent	Jacqueline Hargrove	Mar	Jasmine Jones	Hay
500 Meters	Jacqueline Hargrove	Mar	Cate Tisinger	Cent	Brittany Sevachko	West
1000 Meters	Andrea Oaxaca	York	Kerry Hartman	West	Sarrah Hadiji	Wood
1600 Meters	Sarrah Hadiji	Wood	Lia DiValentin	Chan	Meredith Tighe	Oak
3200 Meters	Sarrah Hadiji	Wood	Lias DiValentin	Chan	Stephanie Bray	Rob
55 Meter Hurdles	Melanie Akwule	LB	Jasmine Jones	Hay	Hana Tran	Cent
800 Relay	Centreville		Robinson		West Springfield	
1600 Relay	Robinson		Westfield		West Springfield	
3200 Relay	Westfield		West Potomac		Oakton	
High Jump	Tynita Butts	TC	Brittini Finch	CV	Assiatu Williams	MV
Pole Vault	Betsy Alter	West	Kat Lee	WP	Taylor Wuerker	TC
Long Jump	Brittini Finch	Cent	Tynita Butts	TC	Kat Lee	WP
Triple Jump	Brittini Finch	Cent	Kat Lee	WP	Veronica Day	Mad
Shot Put	Samella Koroma	TC	Allison Jones	LB	Shakia Branch	Ann

	1st Team		2nd Team		3rd Team	
55 Meters	Sean Holston	Lee	Brandon Williams	Cent	Nyema Wolo	Oak
300 Meters	Sean Holston	Lee	Chris Letson	LB	Matt Anderson	West
500 Meters	Sean Holston	Lee	Matt Anderson	West	Kevin Dillard	West
1000 Meters	Chris Tyson	W-L	Jeff Miller	SC	Leo Walker	WSpr
1600 Meters	Mike Spooner	WSpr	Ermin Mujezinovic	Hern	Josef Tessema	Lee
3200 Meters	Mike Spooner	WSpr	Chris Tyson	W-L	Paul Norland	TJ
55 Meter Hurdles	Jordan Calderwood	Lang	Michael Santano	LB	Alvin Hayes	SC
800 Relay	West Potomac		Westfield		Lake Braddock	
1600 Relay	Westfield		Lake Braddock		W.T. Woodson	
3200 Relay	Jefferson		Oakton		Robinson	
High Jump	Chris Bartholemew	SC	Jordan Calderwood	Lang	Tim Davis	West
Pole Vault	Alvin Siv	Ann	Thomas Clark	TC	Jordan Calderwood	Lang
Long Jump	Brandon Davis	Cent	Kevin Dillard	West	Brandon Williams	Cent
Triple Jump	Kevin Dillard	West	Russell Green	Hern	Dada Titcombe	Edi
Shot Put	Ricardo Simons	TC	Frank Nothaft	TJ	Andrew Pittman	West