

2006 All-Region Indoor Track Teams

Girls Team

	1st Team		2nd Team		3rd Team	
55 Meters	Brittini Finch	Cent	Courtney Conley	Edi	Sara Kanamine	Chan
300 Meters	Jordan Grant	Cent	Trish Friederich	WSpr	Christin Zink	West
500 Meters	Cate Tisinger	Cent	Nakeisha Wineglass	Hay	Erika Weidman	TC
1000 Meters	Andrea Oaxaca	York	Stephany Reaves	TJ	Tasia Potasinski	West
1600 Meters	Kerry Hartman	West	Kayley Byrne	Oak	Tasia Potasinski	West
3200 Meters	Sarah Hadiji	Wood	Erin Klein	LB	Kayley Byrne	Oak
55 Meter Hurdles	Trish Friederich	WSpr	Asia Odum	Hay	Melanie Akwule	LB
800 Relay	Centreville		Westfield		Robinson	
1600 Relay	Westfield		Centreville		Robinson	
3200 Relay	Lake Braddock		Westfield		Oakton	
High Jump	Megan Ney	McL	Madeline Clark	Lang	Assiatu Williams	MtV
Pole Vault	Nicole Kazuba	Chan	Anna Noguchi	LB	Dana Comber	Cent
Long Jump	Brittini Finch	Cent	Nakeisha Wineglass	Hay	Kat Lee	WP
Triple Jump	Nakeisha Wineglass	Hay	Brittini Finch	Cent	Veronica Day	Mad
Shot Put	Teressa McCoy	LB	Aimee Kodat	West	Allison Jones	LB

Boys Team

	1st Team		2nd Team		3rd Team	
55 Meters	Sean Holston	Lee	Mike Westbrook	Hay	Gabe Itoka	SL
300 Meters	Sean Holston	Lee	Chris Leston	LB	Kevin Dillard	West
500 Meters	Tommy Barrineau	Rob	Charlie Slominski	TCW	Matt Anderson	West
1000 Meters	Taylor Bostick	TJ	Abe Daganchew	Hern	Mark Hussa	Rob
1600 Meters	Mike Spooner	WSpr	Brad Siragusa	Chan	Ermin Mujezinovic	Hern
3200 Meters	Mike Spooner	WSpr	Hersh Singh	TJ	Chris Clark	Rob
55 Meter Hurdles	Jamal Crowelle	Cent	Mike Westbrook	Hay	Jordan Calderwood	Lang
800 Relay	Edison		Centreville		Westfield	
1600 Relay	Lake Braddock		Westfield		Robinson	
3200 Relay	Robinson		TC Williams		T. Jefferson	
High Jump	Jordan Calderwood	Lang	Chris Bartholomew	SC	Joshua Rodriguez	WP
Pole Vault	Ian Prohaska	LB	David Newkirk	West	Dominic Lauchengco	Chan
Long Jump	Ed Baldwind	Edi			Brandon Davis	Cent
	Antoine Minter	WP				
Triple Jump	Justin Duncan	Mad	Antoine Minter	WP	Joshua Rodriguez	WP
Shot Put	Devan Clark	Edi	Andrew Pittman	West	A.J. Fabrizio	WP