

NVCCTFA All Region Team  
Indoor Track & Field  
2002-2003

Girls 1 <sup>st</sup> Team		2 <sup>nd</sup> Team		3 <sup>rd</sup> Team	
55 Hurdles					
Christine Francois	LB	Sarah Woody	Oak	Meg Seay	LB
55 Meters					
Carmen Meade	WF	Kathleen Woody	Oak	Jessica Preko	LB
300 Meters					
Abby Lauer	TJ	Carmen Meade	WF	Candace Childs	Hay
500 Meters					
Kat Schleckser	TJ	Tara Markey	SL	Meredith Brooks	Rob
1000 Meters					
Huma Hussain	WS	Heather Fisher	Hern	Kelly Ann Osborn	WS
1600 Meters					
Shauneen Garrahan	TJ	Huma Hussain	WS	Joanna Rodgers	Rob
3200 Meters					
Shauneen Garrahan	TJ	Katie Reed	York	Kristina Trevino	Chan
800 Meter Relay	LB		SL		Oak
1600 Meter Relay	Rob		SL		Hay
3200 Meter Relay	WS		Hern		Oak
High Jump					
Ashley Haislip	LB	Elizabeth Wrona	Hay	Tiana Boykin	Fairfax
Long Jump					
Adrienne Mayo	SL	Kathleen Woody	Oak	Alisha Bryant	SL
Triple Jump					
Adrienne Mayo	SL	Aparna Hirve	TJ	Shea Spann	MV
Shot Put					
Ashley Crocker	Hay	Catherine Muehleib	LB	Rasha Bitar	WF
Pole Vault					
Kathryn Pettine	WF	Christina Zuniga	LB	Abby McGrath	LB
				Mary Mohay	Rob

Boys

55 Hurdles Craig Gallimore	LB	Ernest Asante	MV	Phillippe Tondereau	WF
55 Meters John Schenck	WF	Tony Hayduk	FC	Sean Somlar	WL
300 Meters Steve Gillard	Hern	Anthony Weaver	GCM	Craig Gallimore	LB
500 Meters Timothy Nunn	TCW	Anthony Weaver	GCM	Steve Gillard	Hern
1000 Meters Jeff Day	WS	John Cook	WS	Nulie McCarthy	TCW
1600 Meters Jeff Day	WS	Peter Quinzio	Wake	Kris Cruz	Oak
3200 Meters Keith Bechtol	TJ	Christo Landry	TJ	Steve Hoogland	LB
800 Meter Relay	WL		Hern		Hay
1600 Meter Relay	LB		WF		TCW
3200 Meter Relay	WS		WF		LB
High Jump Maurice Moses	CV	Ernest Asante	MV	Trevor Crites	WP
Long Jump Curtis Wright	WP	Nick Crumpton	Lang	Brandon Dobbs	WF
Triple Jump Nick Crumpton	Lang	Curtis Wright	WP	Jeremy Beal	WP
Shot Put Steve Huntzinger	Rob	Brandon Varley	Rob	John Carlock	MV
Pole Vault Justin Loda	Mad	David Lewis	WF	Trevor Crites	WP

**2003 Northern Virginia Track & Field Cross Country Coaches Association  
All Northern Region Outdoor Track & Field Team**

	<b>1st Team</b>		<b>2nd Team</b>		<b>3rd Team</b>
	<b>Name</b>	<b>School</b>	<b>Name</b>	<b>School</b>	<b>Name</b>
<b>100 Meters</b>	John Schenck	W'Field	Daniel Bailey	Cent	Seam Somlar
<b>110 Meter Hurdles</b>	Ernest Asante	MV	Craig Gallimore	LB	Alvin Tondereau
<b>200 Meters</b>	Marcus Tyus	Hay	John Schenck	W'Field	Roy Coles
<b>300 Meter Hurdles</b>	Ernest Asante	MV	Craig Gallimore	LB	Phillipe Tondereau
<b>400 Meters</b>	Traivs Parker	Rob	Roy Coles	Edi	Steve Gillard
<b>800 Meters</b>	Mike Flint	Ann	David Groff	W'Field	Gilbert Elston
<b>1600 Meters</b>	Peter Quinzio	Wake	Jeff Day	W'Spring	Danny Howick
<b>3200 Meters</b>	Steve Hoogland	LB	Christo Landry	TJ	Keith Bechtol
<b>400 Meter Relay</b>	Lake Braddock		Edison		West Potomac
<b>1600 Meter Relay</b>	Westfield		Lake Braddock		Edison
<b>3200 Meter Relay</b>	West Springfield		Lake Braddock		Westfield
<b>Shot Put</b>	Steve Huntzinger	Rob	Justin Bell	MV	Brandon Varley
<b>Discus</b>	Steve Huntzinger	Rob	Cody Nicholas	WP	Nate Donofrio
<b>Long Jump</b>	Carl Hunter	LB	Nick Crumpton	Lang	Brandon Dobbs
<b>Triple Jump</b>	Jeremy Beal	WP	Nick Crumpton	Lang	Ernest Asante
<b>High Jump</b>	Louis Corum	W'Field	Trevor Crites	WP	David Jones
<b>Pole Vault</b>	David Lewis	W'Field	Justin Loda	Madison	David Hodulich

	<b>1st Team</b>		<b>2nd Team</b>		<b>3rd Team</b>
	<b>Name</b>	<b>School</b>	<b>Name</b>	<b>School</b>	<b>Name</b>
<b>100 Meters</b>	Kathleen Woody	Oak	Christina Zuniga	LB	Fatima Schuler
<b>110 Meter Hurdles</b>	Latavia Lewis	Lee	Christine Francois	LB	Sarah Woody
<b>200 Meters</b>	Jennifer Geldermann	Chan	Christina Zuniga	LB	Murielle Ahoure
<b>300 Meter Hurdles</b>	Latavia Lewis	Lee	Lauren Howland	Rob	Christine Francois
<b>400 Meters</b>	Whitney Basil	W'Field	Candace Childs	Hay	Tara Markey
<b>800 Meters</b>	Huma Husain	W'Spring	Alegra Smith	Oak	Juila Rothlisberger
<b>1600 Meters</b>	Shauneen Garrahan	TJ	Heather Fisher	Hern	Samantha Ference
<b>3200 Meters</b>	Shauneen Garrahan	TJ	Kelly Swain	LB	Joanna Rodgers
<b>400 Meter Relay</b>	Lake Braddock		Oakton		Westfield
<b>1600 Meter Relay</b>	Robinson		Oakton		Lake Braddock
<b>3200 Meter Relay</b>	Robinson		Jefferson		Lake Braddock
<b>Shot Put</b>	Ashley Crocker	Hay	Catherine Muehlieb	LB	Georgina Owino
<b>Discus</b>	Jessica Sawers	LB	Catherine Muehlieb	LB	Tricia Nelson
<b>Long Jump</b>	Kathleen Woody	Oak	Adrienne Mayo	SL	Aparna Hirve
<b>Triple Jump</b>	Shea Spann	MV	Adrienne Mayo	SL	Aparna Hirve
<b>High Jump</b>	Ashley Haislip	LB	Elizabeth Wrona	Hay	Sanna Barrineau
<b>Pole Vault</b>	Kathryn Pettine	W'Field	Christina Zuniga	LB	Abbey McGrath

