



Golden Eagle Track & Field

# CLASSIC

**When:** Saturday, April 26, 2008

**Meet Time:** 9:00 a.m.

**Where:** Freedom High School  
15201 Neabsco Mills Road  
Woodbridge, VA 22191  
(703) 583-1405 - Phone  
(703) 583-8705 - Fax

**Hosted by:** Freedom High School

**Meet Directors:** Leroy Worley – Freedom High School  
Meshailay Thomas – Freedom High School

**Entries:** **2 athletes per event per team. NO POLE VAULT. One** (1) relay per team. All entries are contingent upon receipt of entry fee. Entries are closed at 12:00 p.m. on **April 22, 2008** and must be completed using Hy-Tek Team Manager. Scratches and substitutions must be done by April 24<sup>th</sup>. Make sure that all athletes that may be used in the meet are in your Team Manager roster when you complete your entry export.

Meet is open for **Virginia Public Schools and bordering states (Maryland, West Virginia, Kentucky, Tennessee, North Carolina and Private Schools THAT MEET THE Standards of Competition and are listed as approved for 2007-08 school year).**

**Entry Fee:** **\$100 per team or \$150 if entering both boys and girls teams.** Individuals may be entered for \$10 per person per event or \$25 per relay.

***Please make checks payable to Freedom High School and mail to Freedom High School - Attn. Leroy Worley  
15201 Neabsco Mills Road  
Woodbridge, VA 22191***

**Track:** Eight-lane, all weather Track surfaces.

**Awards:** Medals will be awarded to top 8 places in each individual event and top 3 for relay events. A team trophy will be awarded to the top 2 boys and girls teams.

**Lunch:** Lunch will be provided to coaches.

**Admission:** \$5 per person. In addition, t-shirts and concessions will be on sale.

**Starting:** High Jump: Boys - 5'6" being raised 2' to 6'4" and 1" thereafter;  
Girls - 4'6" being raised 2" to 5'4" and 1" thereafter

**Scoring:** 10-8-6-5-4-3-2-1 **(FOR ALL EVENTS)**

## TIME SCHEDULE OF EVENTS

8:30 a.m.	Coaches meeting	
9:00 a.m.	Boys Discus followed by Girls Girls Shot Put followed by Boys Boys Long Jump followed by Girls Girls High Jump followed by Boys Boys Triple Jump followed by Girls	
9:30 a.m.	Girls 3200 Meter Run Boys 3200 Meter Run	AM Section AM Section
	Girls Sprint Medley Boys Sprint Medley	(400m - 200m - 200m - 800m) (400m - 200m - 200m - 800m)
	Girls 4 x 800m Relay Boys 4 x 800m Relay	
	Girls 100m Hurdles Boys 110m Hurdles	
	Girls 100m Dash Boys 100m Dash	
	Girls 4 x 200m Relay Boys 4 x 200m Relay	
	Girls 1,600m Run Boys 1,600m Run	
	Girls 4 x 100m Relay Boys 4 x 100m Relay	
	Girls 400m Dash Boys 400m Dash	
	Girls Distance Medley Boys Distance Medley	(1,200m - 400m - 800m - 1,600m) (1,200m - 400m - 800m - 1,600m)
	Girls 300m Hurdles Boys 300m Hurdles	
	Girls 200m Dash Boys 200m Dash	
	Girls 800m Run Boys 800m Run	
	Girls Swedish Sprint Medley Boys Swedish Sprint Medley	(200m - 100m - 100m - 400m) (200m - 100m - 100m - 400m)
	Girls 3,200m Run Boys 3,200m Run	(Top 16 times entered) (Top 16 times entered)
	Girls 4 x 400m Relay Boys 4 x 400m Relay	

# *GOLDEN EAGLE TRACK CLASSIC*

## SATURDAY, APRIL 26, 2008

15201 NEABSCO MILLS ROAD, WOODBRIDGE, VA 22191-4005

PHONE: (703) 583-1405 FAX: (703) 583-8705

LEROY WORLEY, MEET DIRECTOR – [worleyl@pwcs.edu](mailto:worleyl@pwcs.edu) or [coachworleyrunning@yahoo.com](mailto:coachworleyrunning@yahoo.com)

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*Submit Intent Form with entry fee by March 14, 2008*

School: \_\_\_\_\_ Boys:  Girls:  Both:

Boy's Coach: \_\_\_\_\_ Girl's Coach: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_ Email Address: \_\_\_\_\_

School Address: \_\_\_\_\_

School Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

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Please make checks payable to: **FREEDOM HIGH SCHOOL**

\$150.00 for boys and girls from the same school. \$100.00 for only one team. Please let me know ASAP if you are coming. Entry Fee due by March 14, 2008

Freedom High School  
Attn: Leroy Worley  
15201 Neabsco Mills Road  
Woodbridge, VA 22191-4005

Upon receipt of Intent form, I will mail an entry packet. **Entries will not be entered until the entry fee is received.** Please return your Intent Form as soon as possible, we are limiting the meet to first 24 Teams. Thank you and we looking forward to hearing from you.



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